

Handog Rizaliano 2025





INTRODUCTION

Handog Rizaliano 2025

Handog Rizaliano 2025, themed **"Pusong Nagkakaisa, Kamay na Nagdadala ng Pag-asa Para sa mga Aeta,"** was a heartfelt outreach initiative that brought together BSA-103A NSTP 1 students, nursing students, faculty members, and partner communities in a united effort to serve the **Aeta community of Barangay Mawacat, Floridablanca, Pampanga. Held last November 14, 2025**, the program aimed to foster learning, promote well-being, and strengthen community ties through meaningful engagement and shared compassion.

This year's outreach highlighted the importance of nurturing both education and empowerment within indigenous communities. **Through a series of enriching activities, including storytelling sessions, health and safety education discussions, community, and the distribution of foods, groceries, school supplies, and hygiene kits, the Rizalian community once again exemplified the true spirit of service, generosity, and unity**.

By working hand in hand, the volunteers and partner communities created a memorable experience that not only brought joy and support to the children and families of Mawacat but also reminded everyone of the profound impact of collective kindness. Together, we continue to uplift lives. One heart and one helping hand at a time.



ACKNOWLEDGEMENT

Handog Rizaliano 2025

The success of our outreach initiative would not have been possible without the invaluable support, cooperation, and generosity of numerous individuals and institutions. We extend our heartfelt appreciation to all who contributed to making this program meaningful and impactful.

We express our deepest gratitude to **Jose Rizal University** for providing the platform, resources, and encouragement necessary to bring this project to life. The University's continued commitment to community service has been a source of guidance and inspiration.

Our sincere thanks go to **Prof. Jose Andres C. Serrano**, whose leadership and dedication as NSTP Coordinator strengthened the direction and purpose of this initiative. His unwavering support ensured that the goals of the program were met with excellence.

Special recognition is given to the **Barangay Officials of Barangay Mawacat, Floridablanca, Pampanga**, whose warm hospitality, coordination, and active support created a safe and welcoming environment for everyone involved. Their partnership was essential in reaching and serving the community effectively.

Our heartfelt thanks go to the **Olympia Fire and Rescue Team** for their presence, cooperation, and invaluable assistance. Their commitment to public safety and service added immense value to the event and ensured its smooth and secure implementation.

We gratefully acknowledge the students of **Bachelor of Science in Accountancy – 103A** for their generosity, teamwork, and willingness to contribute to the needs of the community. Their involvement played a significant role in enriching the experience of the beneficiaries.

We also extend our appreciation to **the selected Bachelor of Science in Nursing and Criminology students** for their active participation and dedication. Their professionalism, compassion, and readiness to serve greatly enhanced the quality of assistance provided during the event.

To everyone who devoted their time, effort, and support—thank you. Your collective contributions made a lasting impact on the community, and we look forward to continuing this spirit of service in future endeavors.



FIRST AID TALK

Handog Rizaliano 2025

On November 14, during our outreach activity in the Aeta community of Barangay Mawacat, Floridablanca, Pampanga, one important part of the program was the **Safety and First Aid** Talk led by the **AG Olympia Fire and Rescue Team.** They taught the community essential first aid skills such as how to properly treat wounds and cover injuries correctly. They also demonstrated the proper way to bandage different types of wounds, ensuring they are secure and comfortable.

The AG Olympia team also discussed how to respond during emergencies like earthquakes. They explained the duck, cover, and hold technique, how to stay calm, and what steps to take after the shaking stops to ensure safety. They further provided guidance on handling minor burns, sprains, and how to call for help effectively. Overall, their talk was very informative and empowering, giving the community practical knowledge that can help save lives.







HYGIENE TALK

Handog Rizaliano 2025

The **nursing students** of José Rizal University conducted a hygiene talk for the Aeta Community in Barangay Mawacat, focusing on basic cleanliness. They demonstrate proper handwashing, guiding both children and adult participants through essential steps to ensure effective cleaning. They also show a hygiene kit and briefly explain the purpose of each item inside. This session provided the community with practical knowledge that they can apply in their daily lives, reinforcing simple habits that support better health.







STORYTELLING

Handog Rizaliano 2025

The storytelling titled “Nonong Kulot” was led by **Mia Bhe Gaco**, and **Algen Keith Romero**. The story aims to teach that kindness and good character are more important than appearance, and that patience and respect can influence how others treat us. It also included a mini-game that made the activity interactive for the children, helping them learn the value of respecting others.







FUN GAMES

Handog Rizaliano 2025

The **Olympian Rescue** volunteers facilitate a fun and interactive game where the participants need to identify the first aid objects hidden in a bag; it creates an energetic and engaging atmosphere for the Aeta community. Meanwhile, the **nursing students** also organized a somewhat similar activity, but it is focused on hygiene materials, prompting participants to guess items such as cotton buds and other basic essentials. Both games encourage them to sharpen their observation skills and, of course, add a light, enjoyable element to the outreach.







GROCERY GIVING

Handog Rizaliano 2025

The **Jose Rizal University** gave groceries and basic supplies to make life a little easier for these families. This program not only gave help to the community but also taught everyone in JRU the importance of caring and helping others. By meeting the families, they saw how even small acts of kindness can make a big difference. The activity showed that when a community works together, it can bring hope and real change to those who need it most.







SCHOOL SUPPLIES GIVING

Handog Rizaliano 2025

The **Jose Rizal University** gave school supplies to children to support their education. The school wanted to help students who may not have enough notebooks, pens, and other materials for learning. These small items can make school easier and help them do better in class. This outreach showed that JRU cares about the community and values helping others. It proved that simple acts of giving can make a big difference in someone's life.







HYGIENE KITS GIVING

Handog Rizaliano 2025

A total of **200 hygiene kits** were distributed to Barangay Mawacat. Each hygiene bag contains a toothbrush, shampoo, soap, alcohol, cotton buds, and a face towel. The distribution aimed to provide essential items that support daily cleanliness and to prevent common illnesses among the people in the barangay. Each person who received this was briefed on the purpose of each item to encourage consistent and proper use, contributing to improved personal hygiene within the community.







FOOD DISTRIBUTION

Handog Rizaliano 2025

As part of our outreach in Barangay Mawacat, Floridablanca, Pampanga, we also conducted a food distribution for all the beneficiaries and volunteers. **We handed out rice meals, bottled water, and boiled eggs, ensuring that everyone received a complete and filling meal.**

This simple act allowed us to connect with the Aeta Community more closely and show our support not only through activities and learning, but also through providing nourishment and care. The food distribution became a meaningful highlight of the outreach, bringing smiles and comfort to everyone present.







CERTIFICATES

Handog Rizaliano 2025


JOSE RIZAL UNIVERSITY
NATIONAL SERVICE TRAINING PROGRAM DEPARTMENT
ACADEMIC YEAR 2025-2026

CERTIFICATE
OF APPRECIATION

This Certificate has been awarded to

BARANGAY MAWACAT

in grateful recognition of their invaluable support and partnership during the outreach program *"Handog Rizaliano: Pusong Nagkakaisa, Kamay na Nagdadala ng Pag-asa Para sa mga Aeta"* held on November 14, 2025, in Pampanga.
Your generosity and cooperation helped make this initiative a success and brought hope to the Aeta community.

Presented this 14th day of November 2025 at Pampanga

Prof. Jose Andres C. Serrano
NSTP Coordinator

Mrs. Hiromi M. Lascano
Director of Student Development Office

Dr. Eleanor R. Robles
Dean, College of Education, Arts, and Sciences


JOSE RIZAL UNIVERSITY
NATIONAL SERVICE TRAINING PROGRAM DEPARTMENT
ACADEMIC YEAR 2025-2026

CERTIFICATE
OF APPRECIATION

This Certificate has been awarded to

OLYMPIA FIRE AND RESCUE TEAM

in grateful recognition of their invaluable support and partnership during the outreach program *"Handog Rizaliano: Pusong Nagkakaisa, Kamay na Nagdadala ng Pag-asa Para sa mga Aeta"* held on November 14, 2025, in Pampanga.
Your generosity and cooperation helped make this initiative a success and brought hope to the Aeta community.

Presented this 14th day of November 2025 at Pampanga

Prof. Jose Andres C. Serrano
NSTP Coordinator

Mrs. Hiromi M. Lascano
Director of Student Development Office

Dr. Eleanor R. Robles
Dean, College of Education, Arts, and Sciences


JOSE RIZAL UNIVERSITY
NATIONAL SERVICE TRAINING PROGRAM DEPARTMENT
ACADEMIC YEAR 2025-2026

CERTIFICATE
OF APPRECIATION

This Certificate has been awarded to

BSA - 103A

in grateful recognition of their invaluable support and partnership during the outreach program *"Handog Rizaliano: Pusong Nagkakaisa, Kamay na Nagdadala ng Pag-asa Para sa mga Aeta"* held on November 14, 2025, in Pampanga.
Your generosity and cooperation helped make this initiative a success and brought hope to the Aeta community.

Presented this 14th day of November 2025 at Pampanga

Prof. Jose Andres C. Serrano
NSTP Coordinator

Mrs. Hiromi M. Lascano
Director of Student Development Office

Dr. Eleanor R. Robles
Dean, College of Education, Arts, and Sciences



PHOTO OPPORTUNITY

Handog Rizaliano 2025





Donation Preparations at Baranggay Mawacat, Floridablanca, Pampanga



PHOTO OPPORTUNITY

Handog Rizaliano 2025









Olympia Fire and Rescue Team Shots



PHOTO OPPORTUNITY

Handog Rizaliano 2025









Community Program—Hygiene Talk with JRU Nursing Students



PHOTO OPPORTUNITY

Handog Rizaliano 2025





Community Program—Donations Giving



PHOTO OPPORTUNITY

Handog Rizaliano 2025









Aeta Community—Kids with their bright, genuine smiles, and joyful expressions



BENEFECIARIES

Handog Rizaliano 2025





Beneficiaries of Barangay Mawacat, Floridablanca, Pampanga



VOLUNTEERS

Handog Rizaliano 2025









Volunteers of Barangay Mawacat, Floridablanca, Pampanga



PREPARATIONS

Handog Rizaliano 2025

As part of our preparation for the outreach activity in Barangay Mawacat, we held **several meetings to discuss and plan the program.** During these meetings, we worked on the program flow, identified necessary materials, and coordinated other important details to ensure the activity would run smoothly.

We also conducted a **repacking session, organizing the items that would be distributed to the beneficiaries.** These preparation activities allowed us to be well-organized and ready, making sure that everything was set for a successful and meaningful outreach.

