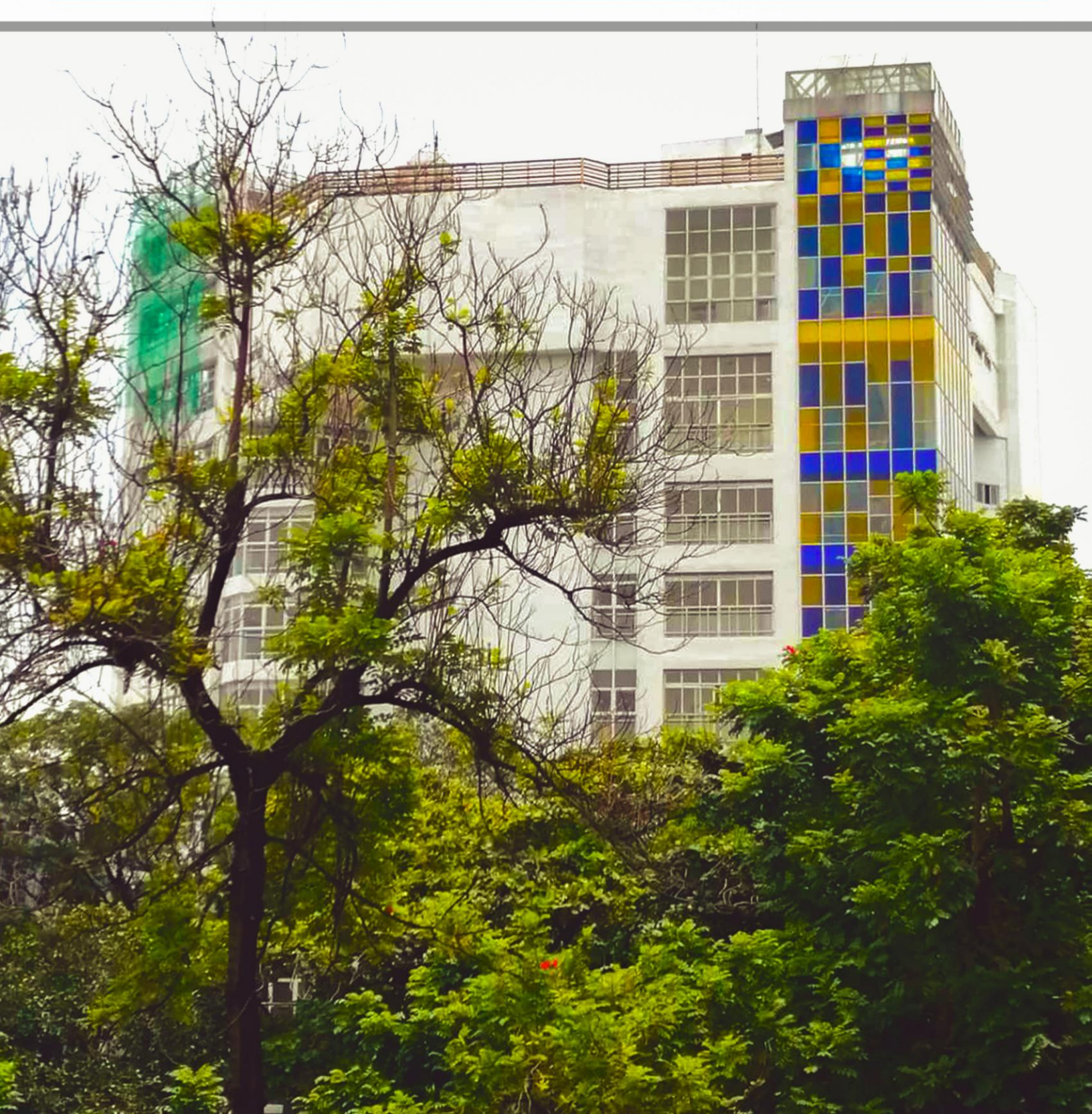


REVISTA

**Official Publication of the Alumni Development Office
in cooperation with the
Jose Rizal University Alumni Association**

**MAIDEN ISSUE
AUGUST 2022**



EDITORIAL TEAM

EDITOR: DR. STELLA MAY A. CABELIZA

ALUMNI RELATIONS COORDINATOR: MS. JILLIAN L. DELA CRUZ

ARTIST AND PHOTOGRAPHER: MR. FRANZ ANGELINO U. GUILLARTE

INTERVIEWERS:

ENGR. LIZA R. REYES

DR. ALLAN F. GALVEZ

DR. DULCE B. MANGIBIN

MS. DAISY A. DELA CRUZ

MS. YOLANDA NOLASCO

CONTRIBUTOR: MR. NILO BARCELONA

ACKNOWLEDGMENTS

DR. MARGIE U. ALCAIDE

MS. KATHLEEN G. APILADO

MS. JESSICA AVILA

MS. CARINA ANTONETTE C. BAUTISTA

MR. ALVIN A. BERMUDEZ

MR. DANIEL A. CABAÑA

MS. PRECIOUS JOY G. CAUNTAY

MS. JANELLE COO

DR. TESSIE R. DA JOSE

MS. AGNES S. DAQUINA

MS. BENILDA C. DELA CRUZ

MS. CARISSA M. ENTERIA

ENGR. ROSALIA ESTACIO

MR. ARNOLD GAMET

MS. MARIFLOR GATCHALIAN

MS. MA. KARENINA S. GUILLERMO

MS. IVORY JOY C. MALINAO

DR. MARYBELL M. MATERUM

MR. CARLO JOHN MERCADO

MR. ROMEL C. NAVARRO

MS. AMELITA H. ORTIZ

MS. ELYN F. PADAYAO

MS. LORRAINE R. PARANGUE

MS. JYR MARIE REYES

MS. AMALIA M. SADIWA

MR. JEFFERSON TAYONGTONG

ATTY. CLARISA A. TIMBANG

MR. GABRIELLE EMIL S. YBAÑEZ

CONSULTANT: MS. RAMONA CHRISTINE L. GONZALES, *The Scribe* ADVISER

PRESIDENT: DR. VINCENT K. FABELLA, JRU

PRESIDENT: MR. ERNESTO E. VICTORINO, JRU ALUMNI ASSOCIATION

WE HAVE A NEW PORTAL!

KAMUSTA NA PO KAYO, DEAREST ALUMNI?
WE WANT TO SEND YOU INVITES TO OUR
MONTHLY ONLINE EVENTS, A COPY OF OUR
ONLINE MAGAZINE, LINK TO OUR
UPCOMING BLOG, JRU ALUMNI ASSOCIATION
UPDATES AND NEWS ABOUT
ALUMNI DEVELOPMENT OFFICE INITIATIVES.

UPDATE YOUR PROFILE!

COPY THIS LINK AND PASTE IT ON YOU BROWSER

<https://jrc.edu.ph/jrualumni/>

REVISTA

MEANS MAGAZINE IN SPANISH
THE NAME WAS CONCEPTUALIZED BY
DR. ALLAN GALVEZ, DEAN - COLLEGE OF BUSINESS
ADMINISTRATION & ACCOUNTANCY



8531-8031 local 38



80 Shaw Boulevard,
Mandaluyong City



www.jru.edu

ALUMNI DEVELOPMENT OFFICE
in cooperation with

JOSE RIZAL UNIVERSITY ALUMNI ASSOCIATION

Find your Inner Hero

CONTENTS:

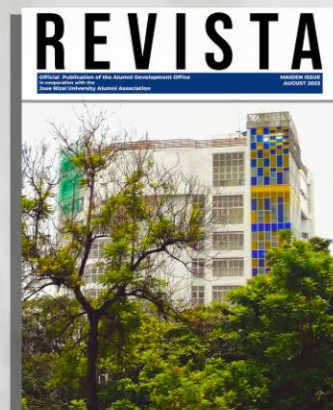


photo by Franz Guillarte

On the Cover:

The Centennial Building, which is newly created, symbolizes the tangible characteristics and heroism of each alumni or alumnus in overcoming life's challenges.
#HusayRizal

06

A Word from the Editor

07

JRU President's Message

08

JRU Alumni Association Officers

09

ALUMNI FOCUS

19

ALUMNI EVENTS

22

IN MEMORIAM

ALUMNI



Mrs. Norma M. Montalvo



Rhea Vida D. Quintana



Ret. Col. Fernando Los Baños



Jessica Avilla



Cherry Anne Valdoz



John Cyrill Corsanes



Gladys Ramos



Maxine Mananquil

FOCUS

DO YOU KNOW...

WHY THE ALUMNI DEVELOPMENT OFFICE WAS CREATED?

- 1.) TO CREATE OPPORTUNITIES FOR THE ALUMNI TO UNDERSTAND THEIR ROLE IN THE DEVELOPMENT OF THE UNIVERSITY
- 2.) TO SERVE AS LINK BETWEEN THE UNIVERSITY AND ITS ALUMNI, INCLUDING & IN PARTICULAR, THE JRU ALUMNI ASSOCIATION
- 3.) TO DEVELOP & MAINTAIN THE ALUMNI DATABASE

THE TEAM

DR. STELLA MAY CABELIZA, Ed.D. 2021
HEAD

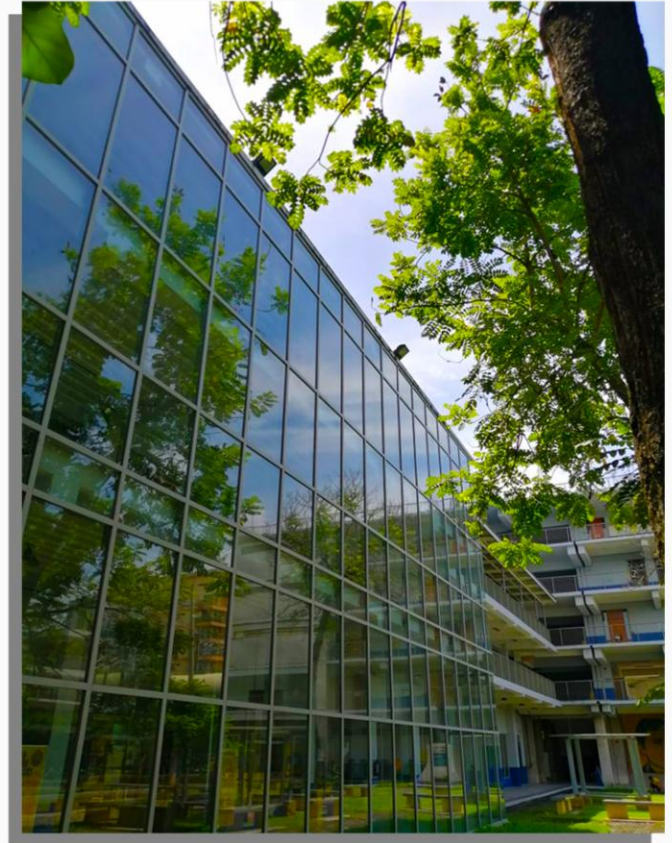
JILLIAN L. DELA CRUZ, MBA 2020
ALUMNI RELATIONS COORDINATOR

FRANZ ANGELINO U. GUILLARTE, BSIT 2020
GRAPHIC ARTIST & PHOTOGRAPHER

THIS IS WHAT
Jose Rinal University
LOOKS LIKE IN 2022



QUADRANGLE (SIDE)



LIBRARY



QUADRANGLE (FRONT)



BUILDING C

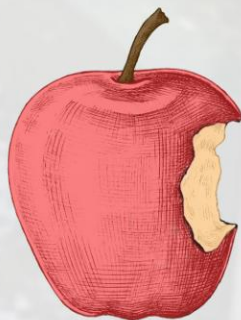


DON VICENTE FABELLA



BESIDE ALUMNI GATE

THE ALUMNI ARE THE CORE



As you eat an apple, you go to the core. But the core is tough. We, alumni, are similar to an apple's core. We are tough.

The core is the center. What makes us quality-centric are the alumni. They give us feedback on the skills needed by our graduates to succeed in the workplace. These are the soft skills, such as decision making, respect toward workmates, adaptability to changes.

The core is the heart. The alumni are the hearts. The hearts of the institution give love, share their time, talents and treasures. The heart shares.

The core is the essence. Being essential means being important. Being an alumnus means that you have sustained your being a student, you continued studying with perseverance, until you graduated. Eventually, you will graduate from studying. The alumni were students, once upon a time.

Our online *Revista*, will give us a chance to build relationships with our alumni; provide us with opportunities to express our gratitude to Jose Rizal University; and provide us with a platform to celebrate the talents of our alumni. Email us at alumni@jru.edu should you want to contribute your own life stories where we can learn lessons, hobbies (plantita story, travelling vlogger, biking trips, Netflix marathon, etc.), stories of classmates who passed away, stories of batch-mates who were promoted, photos of your life journeys, your original creative works, among other various contributions.

May this Maiden Issue bring us to our core- that we are tough, despite challenges in life.

#JRUALumni

All the best,

Dr. Stella May Cabeliza, Ed.D. '21
Editor



JOSE RIZAL UNIVERSITY PRESIDENT'S MESSAGE

DEVELOPMENT AS A REBIRTH

These are tough times indeed, but I believe in the Alumni. The Alumni are essential partners to the development of Jose Rizal University. Hence, the Alumni Office has been renamed as the Alumni Development Office. Who said that innovation is the mother of necessity?

Development here means progress. I foresee a more progressive university in the near future. Alumni have volunteered their skills to be mentors and speakers. They have shared their time in attending online engagements. This kind of bonding, of coming home to one's roots, will definitely improve the quality of education.

Development refers to a deeper understanding of the alumni's role in the ever-evolving dynamics of education. The current educational situation is the new normal way of learning, teaching as well as reaching out to the alumni.

Development in this context, pertains to the growth of the university in general and the alumni in particular. Our alumni are growing not only literally, but also promoted to leadership positions here in the Philippines and in other countries.

The Office is not called alumni relations. Relationships go beyond the university. We are creating an online community as one of innovative ways of sustaining alumni engagement. Therefore, this online Magazine, *Revista*, was born.

Indeed, the signs of progress are tangible like the Centennial Building as well as intangible, which is the expansion of the Alumni Development Office. It is hoped that the alumni will cherish these flourishing signs of growth. They will be inspired by the blossoming of Jose Rizal University despite this challenging pandemic time.

#HusayRizal!

My warmest regards,

Dr. VINCENT K. FABELLA
President



JOSE RIZAL UNIVERSITY ALUMNI ASSOCIATION

OFFICERS:

PRESIDENT - Mr. Ernesto E. Victorino
1ST VICE-PRESIDENT - Atty. Carrol U. Tang
2ND VICE-PRESIDENT - Dr. Evangeline M. De Jesus
SECRETARY - Mrs. Divina Gracia C. Cabrera
TREASURER - Mr. Efren Y. Dimalanta
P.R.O. - Mrs. Loretta Devi M. De Leon
AUDITOR - Mrs. Elenita V. Fresto
ASSISTANT AUDITOR - Mrs. Rhea P. Topacio

DIRECTORS:

Mr. Eduardo G. Dada
Mr. Aldwin O. Navarro
Mr. Jermaine J. Ortega
Mr. Niño T. Quintos
Mr. Enrico C. Rayos
Mr. Daniel A. Cabaña

FOCUS
FOCUS
FOCUS
FOCUS

ALUMNI FOCUS

ALUMNI

ALUMNI

ALUMNI

ALUMNI

Mrs. Norma M. Montalvo, HS '68 & BCS '72 Vice President- Administrative Affairs, Jose Rizal University



The Pioneer With a Creative & Practical Mind

Ma'am Norma, as she is fondly called, is always a pioneer.

She was a member of the editorial team of the first Jose Rizal College (which was JRU's previous name) high school student publication- *The Scroll*. She was in the batch that published the first high school annual, *The Blue and Gold*. She became the head of the newly created Personnel Department. She founded the Diploma Program of the People Management Association of the Philippines. She envisioned the creation of a tripartite body exclusively for the private schools.

PARENTS' SUPPORT

Being a pioneer has birthing pains. But Maám Norma was able to overcome these difficulties. One of the factors was her father's determination to send his children to Jose Rizal College. In her 2018 speech, as she received the Outstanding Alumni in the field of Human Resource Management award from the Jose Rizal University Alumni Association (JRUA), Maám Norma mentioned about her father's legacy.

"He believed that JRC offers the best education and his children have to pass through its doors."

DILIGENCE AND PERSEVERANCE

She was a third year- high school transferee to Jose Rizal College but she "discovered that a lot of opportunities were open to students who wanted to excel" and, she found herself on the honors list. After graduation, her father looked for a scholarship program so that she can study in college. Again, JRC was there to help her. She passed the working scholarship program, in particular, the library students' assistant program.

"I worked hard to make sure I won't lose the scholarship. After two years, I was extended a full-time work and I started getting my salary. This helped the family a lot. After graduation, I was extended regular employment."

EMPLOYER'S TRUST

An additional factor that helped her overcome difficulties is having an employer who believed in her. In 1983, she was appointed by then President Dr. Armand Fabella to head the Personnel Department, which was newly created.

"Kaya mo iyan". That statement became my motivation, Having received the best education and the values of a Rizalian I was sure I can do the job."

IMPORTANCE OF HAVING A MENTOR

Another factor was having a mentor to help her navigate the myriad demands of human resource management, particularly labor relations.

"Fortunately, Mrs. Marinela Fabella, our consultant on labor relations, was there to guide me especially during the first few years of my career."

Maám Norma has given birth to ideas that are productive, efficient and creative as manifested through peaceful labor relations among employees and management.

"My journey was not an easy one, but having the "pusong Rizalian", I would like to say that I have in some way with humility, contributed to the development of the Human Resources Department of JRU. With the cooperation of the leaders of our labor organization and the support of management, we have maintained industrial peace and have initiated programs to make our people feel good at JRU."



GOING OUT OF HER COMFORT ZONE

Being a consistent learner, Maám Norma's competencies were further enhanced by joining the People Management Association of the Philippines (PMAP) in 1982, as a representative of JRU.

She helped in the creation of the Diploma Program of the PMAP which bestowed on her the PMAP Presidents Award in 1996. Her leadership was brought to light as evidenced by being elected in the Board of Directors from 1999 to 2002 and as National Treasurer in 2003. In 2012, she was accredited a Fellow in Personnel Management by the Society of Fellows of the PMAP.

"This award made me realize that I have started to gain respect in the field."

Aside from PMAP, her creative and practical ideas shone when she was elected President of the Mandaluyong Employers and Employees Council in 1995. She is also one of the accreditors of the Philippine Association of Colleges and Universities Commission on Accreditation (PACUCOA) from 1996 to present.

"I took the opportunity to request the Department of Labor and Employment (DOLE) to come up with a tripartite body exclusively for private schools. In 1997, the EITC was created and this council helped to mitigate the impact to the faculty and non-teaching personnel of the K-12 law."

JRU'S GREATNESS

Being given the Outstanding Alumni in the field of Human Resource Management award by the JRUA in 2018 was a testament to her father's legacy - that JRU will give her the best education.

"... this recognition... made me experience the greatness of JRU...I thank the JRUA for this recognition, my family for the support and understanding, to JRU for the best education and values, allowing me to experience and share its greatness, to JRU management for their trust and confidence and to God Almighty for showering me with these blessings."

CURRENT JOURNEY

As you witness her sharp mind and her energetic work habits, you would not think that she is already 72 years old. She always keeps her calm demeanor and pleasant personality despite the challenges in the workplace. She knows how to listen carefully, before she gives her wise decisions.

Indeed, she has found her Inner Hero. She embodies TALINO. TALENTO. TATAG. TAOS-PUSO. HUSAY RIZAL.

Rea Vidah D. Quintana
MBA 2016



The Leader as a Continuous Learner

Ms. Rea Quintana, Accounting Manager of Serenitea, has shared valuable lessons learned from the workplace.

AS A MANAGER

Young employees, she said, must learn how to follow the job requests of the Manager. They must also be willing to learn.

“Willing tumanggap ng bagong work, para ma-improve ang sarili nila.”

They must know how to communicate that they are resigning. Communication is one of the soft skills needed by employees right now.

In addition, being kind and having empathy to others is a way to have peaceful relationships in the workplace.

“Pakikisama sa kapwa, being kind to others. Ang mood ng tao sa office, iba-iba. Di natin alam kung anong pinagdadaanan. Minsan, may masusungit. Dapat nararamdaman ng tao kung anong pinagdadaanan ng iba para walang conflict sa group nila.”

AS A STUDENT

She said that as a masteral student, she has to learn time management. There are some sacrifices that one must do, so that one can finish one's studies. For example, her family members are watching TV, while she is studying. She learned that perseverance and determination are needed to fulfill one's goals. Furthermore, she was inspired by her professors on how they became good educators.



“Sa akin yung perseverance. Yung determination. Yung gusto kong makatapos, not just for the title but more on improvement for myself. Kailangan you have to learn continuously, hindi dapat nag-stop. You have to read. Kung minsan nakakalimot. Puro ka na lang TV. Sacrifice ng konti sa dating ginagawa mo. Take time to read and learn. Para continuous ang self learning mo. Hindi lang yung natutunan mo sa JRU, it's more of the inspiration that you get from your professors. Very inspiring how they were able to be a good professor.”

JRU TRANSFORMATION

Ms. Quintana is proud of JRU's changes. During her time as a masteral student, she was impressed at the main entrance of the gate.

“Pagta tap ng ID, naku high tech!”
“Yung reporting, hindi na traditional Manila paper, we are using Power point, projector.”

WHAT JRU CAN DO FOR HER

Ms. Quintana wants to teach on a part-time basis, once she has found the time to teach. She said that she can be an inspirational speaker to board examinees.

Ret. Col. Fernando Los Bañes MA Public Administration 2019



Ret. Col. Los Bañes is the detachment commander of a security agency of one of the country's largest companies.

Continuing Education is Ageless

He shares that the administrative and management functions learned in the military are relevant to his current job.

He is an Education graduate but he chose to be in the military.

"I am a graduate of Bachelor of Science in Secondary Education, and I experienced also teaching for six years. I passed the board exam, the professional exam for teachers and I taught for six years in a public school. I'm also a graduate of advanced

ROTC and a Second Lieutenant in the Philippine Army. So, I am lucky that I passed the officers exam, and really I decided to join the Philippine Army as officer."

He is studying PhD in Security Administration.

"Actually, shall we say that education is a continuous process so regardless of age, you know, I have more training in the military and I still wanted to take another course in master's degree... And, actually, I am enrolled in PhD in security administration..."

He suggested that JRU should offer a "master's in security administration" and "Doctor of Philosophy Major in Security Development" because the security profession "is growing".

He believes that in order for the leader to impose discipline among his men, he must first be disciplined.

"Actually yung discipline, inherent na yan sa atin so depende yon sa tao if you are a disciplined man. And in military, of course, we have courses on discipline and leadership so you have to impose discipline

in your men and reward your men if they are working, that is satisfactorily, and punish them if they committed a mistake. But it is important that you yourself must possess a disciplined attitude."

"It is important that you yourself must possess a disciplined attitude."

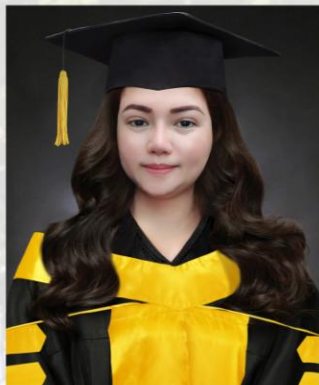
FACTORS THAT MADE YOU SUCCESSFUL

When asked about the factors that brought him success, he said that trust in God, doing one's responsibility, and accomplishing it with obedience to rules and regulations, are the factors. ...

"first of all, trust all your work, all your endeavor, of course trust to God what you have done. You have to trust God. Of course you are doing your responsibility, whatever work or responsibility given to you, you must do that and accomplish in accordance with rules and regulations."



Jessica Avila
BCS 2001 & MBA 2014



WHAT COURSE/GRADE DID YOU GRADUATE FROM JRU?
WHAT YEAR DID YOU GRADUATE?

I graduated with a Bachelor Commercial Science degree major in Finance. I also took a Masters degree in Business Administration at Jose Rizal University. I studied in JRU from elementary to college up to postgrad studies.

WHAT WERE YOUR HAPPY MOMENTS AS A STUDENT IN JRU?

My happy moments as a student in JRU, when I joined the Miss JRC pageant in 2000 and won the grand title. I consider these as happy moments because I saw friends, family especially my mother who fully supported me. I can hear the audience applauding loudly when I was called and they even made an effort to make a banner for me during the pageant. I also like our hangout place that was called BATIBOT. Our friendship is really solid and when there are no classes, we will all hang-out there in BATIBOT. Another happy moment for me as a student was when during recitation, all of us in class were really scared to be called by the professor because these professors were really great, especially during evening class. They really have a solid work experience as they teach us what actually happens in the industry itself. These professors were also really cool and they were the ones who motivated us to study. We actually have a thing in our class that whoever fails to answer in the recitation should all treat us to dinner.

WHAT IS YOUR CURRENT CAREER?

Currently, I am a part time professor in JRU and Pamantasan ng Lungsod ng Pasig teaching Business Management and Credit and Collection. I am also a part owner of the logistics company of my family. If I plan to retire, I would still focus on teaching because it is my passion as well as on managing our business.



WHAT LESSONS HAVE YOU LEARNED FROM JRU THAT HELPED YOU REACH YOUR MILESTONE?

Never give-up because ever since I was in College up to the time that I was taking my Masteral degree, I was a working student. I never gave up even though I found it difficult. Imagine, I would work from 7:30 a.m. to 4:30 pm during weekdays then I would take my classes after. Even though it was a very challenging time for me, that did not stop me from studying. I always thought to myself that I have to graduate and through my hard work, patience, and diligence, I earned my Bachelor and

Masters Degrees. Never stop learning. Do not assume that you know everything because that is arrogance, and when arrogance takes over you, that's when things start to go wrong.

WHAT ADVICE DO YOU HAVE FOR STUDENTS AS THEY LOOK FOR FUTURE CAREERS OR FUTURE PROGRAMS TO APPLY TO?

I always tell this to my students that they should build a work industry experience that is aligned with what they have studied for as training is very different from the industry itself. Never give up and never stop learning. Also, they should always have a positive attitude.

WHAT CAN JRU DO FOR YOU AS AN ALUMNA?

Personally, I don't really have a wish from JRU. JRU served as my instrument to be successful in life. I would like to thank my former professors who served as an inspiration to me, hence why I was able to earn my BSC and Masters degrees.

Cherry Anne Valdoz
BS Information Technology 2013



WHAT WERE YOUR HAPPY MOMENTS AS A STUDENT IN JRU?

There are more countable happiest moments that happened when i was studying in JRU but the most unforgettable was the bonding we had with my friends trying to finish our thesis together that enhanced our learnings making all of us productive.



WHAT IS YOUR CURRENT CAREER?

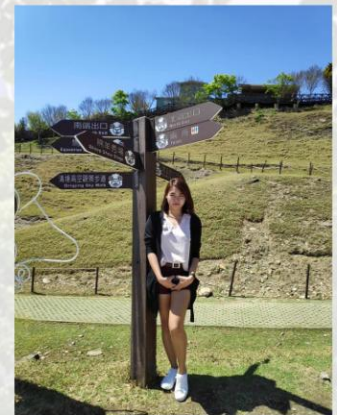
Software Analyst-QA at Royal Caribbean Group

WHAT ADVICE DO YOU HAVE FOR STUDENTS AS THEY LOOK FOR FUTURE CAREERS OR FUTURE PROGRAMS TO APPLY TO?

See all challenges as an opportunity and never stop learning cause in the end it will transform you into a distinguished valuable being.

WHAT LESSONS HAVE YOU LEARNED FROM JRU THAT HELPED YOU REACH YOUR MILESTONE?

Confidence and knowledge are always the key!



All photos are owned by Cherry Anne Valdez

LOOKING FOR CAREER OPPORTUNITIES?

VISIT [THE RIZALIAN CAREER AND PLACEMENT](#) FACEBOOK PAGE!
LIKE AND FOLLOW THE PAGE TO GET MORE UPDATES ON CAREER OPPORTUNITIES
FROM OUR INDUSTRY PARTNERS.

Copy this link:

<https://bit.ly/RizalianCareerandPlacementFBpage>

OR

YOU MAY SCAN THE QR CODE.



For more information, please contact the Guidance and Testing Office at
85318031 loc 32 or email us at **guidance@jru.edu**

John Cyrill Corsanes
Bachelor of Science in Information Technology 2016



WHAT WERE YOUR HAPPY MOMENTS AS A STUDENT IN JRU?

When I became a member of the Computer Society, I began having a chance to socialize. In my third year, I voluntarily joined the IT Showtime contest to get out of my comfort zone. Another one is the biggest activity which is the “Techno” event in which my group mates and I will practice to propose ideas/products to the “clients” which is the Faculty & The President itself, that time.

WHAT IS YOUR CURRENT CAREER?

Application Development Senior Analyst, Accenture
Proud former Developer/Maintainer of McDelivery PH
(under Gorated Innovation Labs)



WHAT LESSONS HAVE YOU LEARNED FROM JRU THAT HELPED YOU REACH YOUR MILESTONE?

Self-learning, discipline, socializing & diligence

WHAT ADVICE DO YOU HAVE FOR STUDENTS AS THEY LOOK FOR FUTURE CAREERS OR FUTURE PROGRAMS TO APPLY TO?

Enjoy having friends while learning in your junior years, start getting serious and use your ability that you have learned in your senior years. Be nice and courteous to everyone, regardless of the state of life, health, beliefs, etc. Do not be afraid and be ready to be pressured while you are choosing your career. JRU will help you, so use this opportunity.

Gladys Ramos

Master of Arts in Education, major in Guidance and Counseling 2019



WHAT WERE YOUR HAPPY MOMENTS AS A STUDENT IN JRU?

Study time and eating time with my classmates. Graduate/Law School Library was my favorite place.

WHAT IS YOUR CURRENT CAREER?

Guidance Counselor of Lyceum of the Philippines University

Care Provider of eSafeTalk

Mental Well-being Trainer of Heron Academy, a sister concern, curated for Training services of Petreltech Pte Ltd, Singapore

IF YOU ARE RETIRED, WHAT IS YOUR CURRENT INTEREST?

I plan to have a beautiful garden and attend family gatherings. Also to travel out of the country.



WHAT LESSONS HAVE YOU LEARNED FROM JRU THAT HELPED YOU REACH YOUR MILESTONE?

I am extremely grateful to be given a chance to study at Jose Rizal University. It has been a humbling experience realizing that I have to learn many things. A lot of times I kept my nose to the grindstone. For me, it was part of the learning process. Also, I have learned from JRU that I needed to be proactive about my education. And to work closely with my professors and classmates. My experiences as a graduate student shaped and guided me in how I am now in service to others.



GRAD PHOTOS

WHAT ADVICE DO YOU HAVE FOR STUDENTS AS THEY LOOK FOR FUTURE CAREERS OR FUTURE PROGRAMS TO APPLY TO?

To my fellow Rizallians, pursue what you love!

WHAT CAN JRU DO FOR YOU AS AN ALUMNA?

None for me. I am good, thank you! More on this for the graduate students of our program. More intensive advising, more focus on developmentally preparing students for their careers, and more attention to helping graduate students see the place of their discipline in connection with their future goals.

All photos are owned by Gladys Ramos

Maxine Mananquil Bachelor of Science in Computer Engineering 2022



WHAT WERE YOUR HAPPY MOMENTS AS A STUDENT IN JRU?

There are many moments which I considered as happy moments when I was a student in JRU. But I think everything that involves me hanging out with my friends, classmates and orgmates, I consider as a happy moment.

WHAT IS YOUR CURRENT CAREER?

I am currently a fresh graduate seeking work.

WHAT LESSONS HAVE YOU LEARNED FROM JRU THAT HELPED YOU REACH YOUR MILESTONE?

The lessons that I have learned from JRU which helped me in reaching my milestones is to be able to adapt to the things around me and continue to persevere in the things that I want to pursue.

WHAT ADVICE DO YOU HAVE FOR STUDENTS AS THEY LOOK FOR FUTURE CAREERS OR FUTURE PROGRAMS TO APPLY TO?

My advice is to really pursue what they want in life because there will be a time where hardships will happen in their career and if they love what they pursue they will find a way in order to overcome that obstacle.

WHAT CAN JRU DO FOR YOU AS AN ALUMNA?

Nothing as of now, but thank you for the opportunity.



All photos are owned by Maxine Mananquil



ALUMNI EVENTS

ALUMNI Events

ADO Holds First Online Event

The Alumni Development Office (ADO) organized the first online event last July 30 via Zoom. The theme was "Getting to Know You: What Can JRU Do For You?" JRU President Dr. Vincent K. Fabella warmly welcomed the attendees. He showed them pictures of the new Centennial Building, the latest facilities on campus as well as the most-updated look of the Quadrangle. The JRU Alumni Association Director, Mr. Niño T. Quintos (Elementary 1989), described the JRU education which has paved the way for him and his siblings to bright opportunities in life. The person who wrote the lyrics of Himno Rizal, JRU Alumni Association Director Mr. Daniel A. Cabaña (High School 1979 & Bachelor in Commercial Science 1985), narrated his inspiration behind the lyrics.



Atty. Clarisa Timbang

Atty. Clarisa Timbang (Bachelor of Laws 2014), Senior Legal Counsel of Globe Telecom, gave her insights on *How to Keep Calm*. She was the President of the JRU Law School Student Council (SY 2011 - 2012). She is a Certified Public Accountant and a Master in Business Administration degree holder. She was the President of Junior Philippine Institute of Accountants-Meycauayan College Chapter. She graduated as Valedictorian in her elementary and high school levels.



Ms. Lorraine R. Parangue

Ms. Lorraine R. Parangue, JRU Guidance and Testing Office Director, oriented the alumni on the Rizalian Career and Placement Center. The Guidance & Testing Office (GTO) actively provides career services to Rizalians. She and the GTO team coordinate with different agencies, industries, and institutions that can provide jobs for graduating students and unemployed graduates. She has been a registered guidance counselor for more than 10 years for preschoolers up to college students and has taught students from preschool up to Graduate School.

ALUMNI Events



Prof. Mariflor Gatchalian

Prof. Mariflor Gatchalian (Elementary 1984 & High School 1989), Chief of the Department of Psychology, Mind Care Center of the Perpetual Help Medical Center, Las Piñas City, discussed *Gratefulness*. She is an Associate Professor at the University of Perpetual Help Systems- Dalta in Las Piñas.

She was the former chair, Teaching Special Interest Group of the Psychological Association of the Philippines and served as member of the Board of Directors of the said organization. She is a registered psychologist and a national lecturer for board examination of psychometrician and psychologists for RGO Review Center, a top review center in the Philippines.

Online raffle prize winners who won JRU notebooks and pens were:

1) Jessica Avila 2) Kristiene Wayle San Pedro and 3) Rovelyn Arcilla.

Each attendee introduced himself/herself, showed throwback photos, recollected their student days and provided their thoughts on what JRU can do for them. The online event was a way for the alumni to reconnect with fellow alumni and with JRU. Moving beyond getting-to-know-you, this event was a way to rebuild relationships with the alumni. The ADO will be conducting this event every month.

ADO'S 1st FACE-TO-FACE EVENT ATTENDANCE

ADO Attends HTM
Seniors & Alumni Night



The HTM students organized the said event.

Through the invitation of the College of Hospitality and Tourism (HTM), the

Alumni Development Office (ADO) attended the Seniors and Alumni Night on May 20, 2022 at 6:00 PM, Suntrust Treetop Villas, Mandaluyong City. ADO is thanking HTM Dean Ms. Kathleen Apilado, Hospitality Management Department Chair Ms. Irene Rossele Swing, Tourism Management Department Chair Ms. Evelyn Velasco, Hospitality Management OJT Coordinator Ms. Yolanda Nolasco and Tourism Management OJT Coordinator Ms. Judiren Torres as well as the HTM personnel.



From L to R: OJT Coordinator Ms. Yolanda Nolasco, ADO Alumni Relations Coordinator Ms. Jillian Dela Cruz and ADO Head Dr. Stella May Cabeliza.

CALLING ALL BLOGGERS!

Our Alumni Blog "Young Ones, Young Once" needs stories about your hobbies, opinions about mental health / fitness and photos about your interests.

email your contribution to
alumni@jru.edu

THANK YOU!



IN MEMORIAM

A TRIBUTE TO MY FRIEND MR. ARNOLD PERION, A FORMER SENIOR HIGH SCHOOL FACULTY. BEFORE, BIKING WAS JUST A HOBBY, BUT IT BECAME AN ADVENTURE WHEN I WAS BIKING WITH HIM.

**CONTRIBUTED BY:
NILO BARCELONA, MAED 2006**

COMING SOON!

IN FUTURE ISSUES:

-ALUMNI FOCUS

- JRU ALUMNI ASSOCIATION OFFICERS
- DR. LINO DIZON, COMMISSIONER
NATIONAL HISTORICAL COMMISSION OF THE PHILIPPINES
AND MORE SURPRISE ALUMNI

-ALUMNI EVENTS

- JRUAA INDUCTION CEREMONIES 2022
- JRUAA'S THE REUNION BASKETBALL & VOLLEYBALL OPENING
- ADO'S AUG 27 EVENT

SEPT 24 ONLINE EVENT:

ALUMNI SPEAKERS:

MS. CARISSA M. ENTERIA
CHAIR - LANGUAGES & SOCIAL SCIENCES, JRU SENIOR HS DIVISION

DR. MARGIE U. ALCAIDE
DEAN - JRU COLLEGE OF EDUCATION, ARTS & SCIENCES

DR. ALLAN M. GALVEZ
DEAN - JRU COLLEGE OF BUSINESS ADMINISTRATION & ACCOUNTANCY

ALUMNI BLOG: **YOUNG ONES, YOUNG ONCE**

LOVE TO WRITE? TAKE PICTURES? WANT TO BE SPEAKERS OR MENTORS?
EMAIL US AT

alumni@jru.edu

#HusayRizal #FindyourInnerHero #JRUALumni



8531-8031 local 38



80 Shaw Boulevard,
Mandaluyong City



www.jru.edu

ALUMNI DEVELOPMENT OFFICE
in cooperation with

JOSE RIZAL UNIVERSITY ALUMNI ASSOCIATION

Find your Inner Hero